

WINTER CAMP PLANNING GUIDE

Welcome to Winter Camp. Whether this is your first time or your tenth time participating in our programs, we are certain you are going to have a fantastic week this February. Winter Camp is in its eleventh year in 2016 and we are very excited to have your family involved in our community.

Our Winter Camp is an extension of all the other wonderful programs we run here at Becket-Chimney Corners YMCA. Through carefully selected and planned activities, we help guide children and young adults to develop their physical, spiritual and mental potential – becoming confident, responsible, honest and caring community members, both here and upon their return home.

This Planning Guide helps families prepare for the week away from home at Winter Camp. These resources, and other resources, are always available at bccymca.org/wintercamp, should you need more information.

Thanks for being a part of our community. Our enthusiastic and well-qualified staff are anticipating an exceptional week.

TABLE OF CONTENTS

What is Winter Camp? ... Page 3

- Similarities and differences to summer camp
- ACA Accreditation

Winter Camp Logistics ... Page 3

- Arrival and departure dates and times
- Contact Information
- Contacting a Camper

Winter Camp Community ... Page 5

- The Cabin Group
- Individual Choice Activities
- Winter Camp Staff
- Camper Expectations

Winter Camp Program ... Page 8

- Daily and Weekly Schedule
- Activity options and selection
- Downhill Ski Trip
- Leader-in-Training (LIT) Program

Winter Camp Meals

... Page 12

- Typical Meals
- Vegetarian/Vegan
- Allergies

Medications, Health and Safety ... Page 13

- Medications
- Health Care Staff
- Health and Safety Guidelines
- Emergency Procedures

Preparing for Winter Camp ... Page 15

- Ways to Help Avoid Anxiety
- Packing List
- Travel Directions
- Paperwork Access

WHAT IS WINTER CAMP?

Winter Camp is a week away from home in the middle of the most beautiful season in the Berkshires. It's an opportunity for kids to come together from all over the North-East and be with old friends, make new friends and spend a week active in the great outdoors.

Winter is typically a time when we become sedentary, indoor creatures. This is an opportunity for kids to be active, healthy and breathing the fresh mountain air, doing a wide variety of outdoor activities that encourage healthy living – physically, mentally and spiritually.

The philosophy and goals of Winter Camp are the same as in our summer camp programs: to help develop relationships and values within and between our youth. Only by spending time together in a structured setting can we develop our relationships, build our leadership skills and develop associated self-confidence and social responsibility.

Just like summer camp, our winter campers will participate in cabin activities, individual choice afternoon activities, all-camp activities and evening activities, including cabin chat! Each cabin group of eight to twelve campers will be assigned a counselor and an assistant counselor. They will choose their activities together and plan their week as a cabin of eight to twelve boys or eight to twelve girls.

WINTER CAMP LOGISTICS AND CONTACT INFORMATION

ARRIVAL

Winter Camp opens on Sunday, February 19, 2017. Check-in at the Chimney Corners Camp Dining Hall between 3:00pm - 4:00pm. GPS Setting: 591 Hamilton Road, Becket MA

- It is imperative that campers check-in on arrival at the designated times. This allows campers to bond as a cabin group, and these first few hours of bonding are important in the development of the cabin group dynamic. If you are unable to arrive at camp between these times, please let us know in advance of opening day.
- If a camper has not arrived by 5:30 pm or made previous arrangements for late arrival, the Winter Camp Director will call families to determine estimated arrival time or if the camper will not be attending the session.

DEPARTURE

Winter Camp closes on Saturday, February 25, 2017. Pick-up at the Chimney Corners Camp Dining Hall between 10:00am – 12:00pm.

- ick-up at the Chimney Corners Camp Dining Hall between 10:00am 12:00pm.
 - It is rare that a family would request for a camper to depart camp earlier than Saturday. Campers bond very quickly in the camp community and it may be harmful to the cabin group to ask a camper to depart early. We can always accommodate special circumstances, but please be considerate of the cabin group dynamic if asking for your child to depart camp early.
 - Only the parent(s) indicated on the Winter Camp registration will be permitted to pick-up the camper on closing day. Please notify our office in writing if someone else will be picking up your child. An adult will need to sign the camper out from their cabin counselor and pick-up any leftover store money. Please note that a valid form of government identification may be requested to confirm identity.

CONTACT INFORMATION

Winter Camp is run by Berkshire Outdoor Center – the year-round department of Becket-Chimney Corners YMCA. Please select from the following contacts for your inquiry.

Pre-Camp Billing and Paperwork Inquiries

Nicole Cabelka – Registrar ncabelka@bccymca.org 413 623 8991 ext 110 Monday to Friday 8am-4pm

Pre-Camp Program Inquiries

Amber Banta – Camp Director abanta@bccymca.org 413 623 8991 ext 149 Monday to Friday 9am-5pm

Inquiries during Winter Camp

Daytime Phone 805-300-2506 8am-9pm

After Hours Emergency

Overnight (Emergency) Phone 413 679 1088 9pm-8am

Mailing your Camper

<Camper's Name> Winter Camp 748 Hamilton Road Becket MA 01223 Please don't send food.



Emailing your Camper

This year email will go through your online account.

- 1. Log into your online account
- 2. Click on "Additional Options" from the grey bar at the top
- 3. Select email a camper. This system will only allow you to send emails while the camp is in session
- 4. You can invite other family members and friends to email your camper by sending them a friend code. This will allow them to email your camper without having access to your online account.

Calling your Camper

Calling your camper creates and/or amplifies homesickness, so we do not allow this. For this same reason, campers will not be allowed to use cell phones. **Please do not send cell phones with your child.** We want the campers to focus on their experience as being away from home at camp. If it is an emergency or urgent, call one of the numbers above, and we will get any urgent messages to your camper. Please try to resist unless it's a true emergency. Keep in mind that homesickness/separation anxiety is usually harder for parents than campers.

THE WINTER CAMP COMMUNITY

Winter Camp is a small community of about 75 people. We find that this size is ideal – an intimate camp where most people get to know each other pretty well, yet large enough that there's always something new to learn about someone.

The camp community is made up of overnight campers, day campers, Leaders-in-Training, Counselors, Assistant Counselors, Ski Trip Staff, our Winter Camp Nurse, Winter Camp Director, Assistant Director, and our Registrar. Within our Winter Camp community are small groups, within which significant relationships develop.



THE CABIN GROUP

Central to the philosophy and experience of Winter Camp is the cabin group. Each cabin is made up of eight to twelve individuals (all boys or all girls of the same age group), living, eating, playing and planning their day together as a group. This relationship-building time teaches them to build friendships, but also compromise, negotiate, think creatively, build consensus, be inclusive and communicate effectively. We view the cabin group as the most important facilitator of camper development of everything we do.

Cabin Assignments

We carefully assign campers to cabin groups, based on a variety of factors, but especially

school grade, age and maturity level. We blend new campers with returning campers. We blend those with summer experience with those who have never been to summer camp. We strive to initiate new friendships.

Cabin assignments are set prior to opening day and cannot be modified once opening day has arrived. If you

have a specific request to be paired with another camper, we will do our best to accommodate it if you have contacted us in advance, and if the request is mutual. You can indicate so on your registration form or by emailing wintercamp@bccymca.org prior to opening day.

STAFF

Essential components of the campers' experiences are our staff. Counselors and Assistant Counselors are selected on their abilities and experience working with campers, both in our winter camp, summer camp, Berkshire Outdoor Center and other related settings. Our staff are carefully selected and trained by our Winter Camp



Director. They undergo a rigorous screening process, background checks and we examine their references thoroughly. The majority of staff have prior Becket-Chimney Corners YMCA experience, and many of them return time and time again to work at Winter Camp.

Staff work closely with cabin groups, and with individual campers, to ensure that they are learning something new every day, that they are safe and healthy, and that they are having a great time at Winter Camp. Staff spend a lot of their staff training period planning games and activities that will facilitate the bonding between all winter campers, as well as develop their skills in particular outdoor winter pursuits.

Staff are trained in the following aspects of camp life:

- Cabin Activity Planning
- Working with LITs
- Winter Safety
- Program Area Orientation

- Behavior Management
- Policies and Procedures
- Emergency Action Plan
- Child Abuse Prevention



Counselors & Assistant Counselors

As our core staff members, counselors and assistant counselors work in pairs with each cabin group and provide the 24 hour per day supervision and guidance of their campers.

They are the supervisor, but also the mentor and friend of each camper within their care. They plan the activities in consultation with the winter camp director and the other counselors and assistant counselors working with other cabin groups.

They are exceptional people with real dedication and skill for working with youth. Counselors are typically college students or recent college graduates. Assistant Counselors are typically high school Juniors or Seniors.

Leadership & Nurse

Our Winter Camp Director – Amber Banta – has organized a variety of programs for Berkshire Outdoor Center, including school group overnight trips, retreat weekends, Camp Unleashed and BOC Day Camps. She has worked with children for over 10 years and has been with BCCYMCA for the past three. This is Amber's fourth year at Winter Camp. She was the LIT Director her first year and this will be her third year as Winter Camp Director.

She is excited to spend the week with all of you in a beautiful winter wonderland!

Our Winter Camp is staffed 24 hours a day with our nurse. The nurse will attend to all routine camper healthcare needs, as well as urgent care. Our nurse is always on hand if campers have physical or emotional health care needs. Our nurse will contact you in the case of any serious injury or illness.

LEADERS-IN-TRAINING

Integral to camp are our LITs. They are role models to our campers, someone that the campers love and respect, who they look up to. They inspire the campers – the campers know that being an LIT is the next logical step in their camp career.

CAMPERS

Campers are the reason we're all here. Helping to develop their relationships, their skills, their sense-of-self, social responsibility and their place in the world is the whole reason our business is in business. The best way we can teach them is simply by getting them involved. By creating opportunities through the cabin group and through the afternoon activities and through the opportunities campers have to be kids and have fun and chit-chat with one another, we are developing them as young people.

We want the campers to participate, to contribute and to help one another. This is our expectation of our campers.



We will encourage campers, and expect campers, to help one another be everything they can be, and follow these guidelines:

• Respect One Another

We speak and act respectfully to one another.

We act responsibly, caring for one another.

We protect one another from harm – physical and emotional.

We help make one another comfortable, and feel safe and secure.

We help one another by sharing the responsibilities of camp life.

• Respect Ourselves (Physically & Emotionally)

We follow the safety rules outlined by the camp and the staff

We dress appropriately for the weather

We eat a balanced, healthy diet.

We avoid drugs and alcohol.

We maintain our hygiene by showering regularly and brushing our teeth.

We avoid self-deprecating behavior and attitudes, maintaining an uplifting and enthusiastic attitude.

Respect Our Camp

We follow the schedule. We participate and attend the activities.

We care for the facilities – the lodges, the equipment and environment.

We help improve the camp, leaving it in better condition than we found it.

We participate in developing activities and programs for the future.

THE WINTER CAMP PROGRAM

Winter Camp runs for six days – from Sunday to Saturday. With the exception of opening day and closing day, the daily schedule runs from 7:30am through 9:30pm, and pretty much follows this format:

DAILY SCHEDULE

7:30am Wake up

8:15am Hot Breakfast

9:00am Morning Cabin Activities

Cabin groups will plan and participate in an activity that includes all members of the cabin group, plus the

counselor. These activities will vary throughout the week.

11:00am Free Time

Free time could also be known as structured free time. Designated activity areas will be open (and supervised) and

campers can spend time chatting with one another, playing games or relaxing in the dining hall lounge.

12:00pm Hot Lunch

1:00pm Siesta

Siesta is effectively a mandatory rest period. Campers can relax quietly in the rooms while reading, or writing a letter home. Emails from parents, letters from home and candy ordered from the store will be delivered during

siesta.

2:00pm Afternoon Activities – Period 1

Campers choose their own afternoon activities. Afternoon activities are 75 minutes in length and there's a variety of activities available, including active outdoor winter activities, such as snowshoeing, cross-country skiing, ice skating, or indoor activities, such as arts and crafts, cooking and performing arts. These activities are skill-based. Campers will be encouraged to blend their afternoon activity choices between some active outdoor classes as well

Campers will be encouraged to blend their afternoon activity choices between some active outdoor classes as well as indoor classes. Campers will choose their activities daily, and will participate in a different activity every period.

3:30pm Afternoon Activities – Period 2

5:00pm Free Time

Designated activity areas will be open (and supervised) once again. These activity areas will be different than those

in the morning free time period.

6:00pm Hot Dinner

7:00pm Return to cabins

7:30pm All Camp Evening Activity

Evening activity will always involve the entire camp in an activity together. Activities such as campfire and a

performance night will be part of evening activities.

9:15pm Evening Snack

9:30pm Cabin Chat

Cabin chat is a quiet time just before campers go to bed where they reflect on the day's events and chat about a

topic designated by the counselor.

WEEKLY SCHEDULE

The weekly schedule is relatively consistent, and will follow this approximate outline:

Sunday Opening Day – Opening Banquet; Opening Campfire

Monday Program Day Tuesday Program Day

Wednesday All Day Activity – Ski Butternut Day Trip or "Becket Adventure Day"

Thursday Regular Program Day

Friday Regular Program Day – Final Banquet; Closing Campfire

Saturday Closing Day – Goodbye, goodbye

CAMPER AGES AND YEAR-TO-YEAR PROGRESSION

Winter Camp is for boys and girls who are in grades 2-9 at school. Following 9th grade, campers are eligible to apply for our Leaders-in-Training Program, which is for 10th graders only.



As campers age through our Winter Camp program, new opportunities open up for them. For example, when they enter 6th grade, they are able to participate in our High Ropes Outdoor Adventure Club. And when they enter 9th grade, they are able to participate in our Ninth Grader Overnight at Camp Becket. There's more information on these two programs outlined on the following page in the Special Programs section.

GENERAL ACTIVITIES

This is a small sample of some of the activities on offer during Winter Camp:

- Cross-Country Skiing
- Arts and Crafts
- Snowshoeing
- Ice Skating
- Moonlight Snowshoeing
- Night Snow Tubing

- Cooking
- Teambuilding & Low Ropes
- Indoor Climbing Wall (4th grade & up)
- Broomball
- Nature Discovery Club
- Winter Survival/Outdoor Living Skills

SPECIAL PROGRAMS

SKI BUTTERNUT DAY TRIP

This program is an optional extra, and includes an additional fee. All campers undertaking this program may customize aspects of the day program. There are some mandatory requirements and some options for campers:

Mandatory

- All campers must wear a helmet. Campers without their own helmet must rent one at the mountain (included in the fee).
- All campers must ski with the group they are assigned to.
- Beginner skiers and snowboarders must participate in a group lesson provided by Ski Butternut (our staff will also be in attendance).
- Campers of all skill levels will be assigned a ski buddy and must stay with their ski buddy for the duration of the day.

Customized Options

- Campers may choose on the registration form if they ski or snowboard.
- Campers may choose on the registration form if they are beginner, intermediate or advanced.
- Campers may choose to bring their own skis/boots/poles/helmet or snowboard/boots/helmet or rent them at the mountain (included in the fee. We do not pro-rate for bringing your own equipment).
- Campers may stop and rest at the designated rest area in the mountain lodge at any time. There will be Winter Camp staff supervision in the lodge for the duration of the day.
- Campers will be provided with all meals, as usual.
- Campers will carry the spending money that was deposited in the store account for the ski trip.

Ski Trip Itinerary

6:30am	Wake Up
7:00am	Load the equipment on the bus
7:15am	Departure for Ski Butternut
	Breakfast on the bus
8:00am	Arrival at Ski Butternut
	Prepare for the day skiing, rent equipment, collect lift tickets
8:30am	Commence Skiing in skill level – beginner, intermediate, advanced
12:00pm	Lunch
12:30pm	Continue skiing in skill level – beginner, intermediate, advanced
4:00pm	Departure for camp
4:45pm	Arrive at camp.
5:00pm	Free Time
6:00pm	Dinner

BECKET ADVENTURE DAY

This all day activity begins at 9:00am on Wednesday and includes a massive adventure. Campers will trek on snowshoes to Becket and spend the morning building snow forts in teams. A massive snow battle will finish out the day, followed by s'mores and a fire before hiking back. This day-long adventure will include lunch and warm drinks, and will end at 4pm.

NINTH GRADER OVERNIGHT SLEEP-AWAY AT CAMP BECKET

On Thursday night, all ninth graders will be invited to hike to Camp Becket and spend the night in one of our winterized buildings. The program will include an outdoor campfire in Ranger Village, as well as a movie shown on the big screen. Afterwards, campers will have dinner together, served by our Winter Camp staff.

LEADER-IN-TRAINING PROGRAM

Managed by its very own director, the LIT program is an opportunity for 10^{th} graders to get experience working at camp. Whilst they are still considered campers, LITs will participate in seminars and workshops, and be given the opportunity to do hands-on work at Winter Camp – including working with our campers as a counselor, learning our program areas, working in our dish room, helping with the upkeep of the facility, and participating in a service project at Chimney Corners Camp.



WINTER CAMP MEALS

The entire Winter Camp community comes together three times a day for meals in the dining hall. Cabin groups sit together, and are joined by their Counselor and Assistant Counselor. Winter Day Camp will join us at lunch time Monday through Friday, and we will spend an hour eating and chatting together as a group. It is also the opportunity for staff to make important announcements that affect the whole camp.

TYPICAL MEALS

Winter Camp serves breakfast, lunch and dinner, as well as an evening snack. All meals are nutritional and well balanced and include the following features:

Breakfast

- Hot entrée
- Hot vegetarian option
- Oatmeal
- Fresh fruit
- Yogurt
- Granola and Cereals
- Bagels with cream cheese, jam
- Orange Juice, milk

Lunch

- Hot entrée
- Hot vegetarian option
- Full salad bar with dressings
- Fresh fruit
- Peanut butter/Sunflower butter alternative
- Lemonade, milk, iced water

Dinner

- Hot entrée
- Hot vegetarian option
- Full salad bar with dressings
- Fresh fruit
- Peanut butter/Sunflower butter alternative
- Hot chocolate, milk, iced water

Evening Snack

• A cookie, granola bar, brownie or S'Mores, or a similar snack, will be available with milk around 9pm.

VEGETARIAN AND OTHER SPECIAL DIETS

Every meal will have a vegetarian option automatically included. Please inform us if the camper is vegetarian or has another special diet, so that we know how many of such meals to prepare. Vegan campers and others with highly restrictive diets may wish to bring supplemental foods. If you have any questions, you may speak with our Food Service Director, who we can put in touch with you. Please email any inquiries to wintercamp@bccymca.org or call us on 413 623 8991 ext 110.

FOOD ALLERGIES

Most food allergies can be accommodated. Please let us know of any specific food allergies. If you have any questions, you may speak with our Food Service Director



speak with our Food Service Director, who will be happy to contact you. Please email wintercamp@bccymca.org or call us on 413 623 8991 ext 110 if you have any questions.

WINTER CAMP MEDICATIONS, HEALTH AND SAFETY

Our primary concern at Winter Camp is the safety and well-being of every member of our community. Staff will make every effort to minimize exposure to the known safety hazards and risks in all program areas and activities, as well as within our facilities, however not all hazards can be foreseen. By participating in our programs, campers and their parents willingly acknowledge these risks and assume all risks by participating in the programs.

GENERAL HEALTH AND WELL-BEING

Please assist us by discussing these topics as a family, prior to the commencement of Winter Camp. All campers and staff will undergo a medical check on arrival to camp. The medical check will include checking of ears and throat, and a general evaluation of health.

Campers and Staff are expected to:

- Wash hands regularly, especially before meals
- Avoid sharing personal items, such as combs, razors, toothbrushes and eating utensils
- Avoid sharing water bottles
- Drink plenty of water
- Manage their diet and eating behaviors such that they eat well-balanced meals
- Protect themselves from the elements and weather by wearing appropriate clothing, sunscreen and by staying dry
- Act maturely when outside direct supervision
- Stay within the boundaries of the Winter Camp site
- Avoid contact with strangers and report strangers to a counselor
- Avoid crossing any roads without a counselor present
- Report all unacceptable behavior to a staff member
- Report all illnesses or injuries to the Winter Camp Nurse

URGENT (NON-EMERGENCY) HEALTHCARE

The Winter Camp Nurse is the first point of contact when there is an urgent (non-emergency) injury or illness. The Winter Camp Nurse will refer all urgent (non-emergency) cases to Berkshire Medical Center in Pittsfield MA that cannot be managed within the camp infirmary. Such examples include x-rays, sub-specialty referrals, laboratory evaluations or hospitalizations. In all such incidences, camper parents will be notified.

EMERGENCY HEALTHCARE

When there is an emergency, or when staff are in doubt, they are required to call 911. Becket Ambulance Department has a depot at the end of our road. In all emergencies, after summoning the ambulance, staff will call the Winter Camp Nurse. In all such incidences, camper parents will be notified.

PICKUP POLICY

Winter Camp does not have the staffing accommodations to house sick children for extended periods of time. Because our nurse and our counselors are responsible for many other individuals during this short program, our policy is as follows: a child that requires consistent one-on-one healthcare for a period over twelve hours must be picked up from camp as soon as possible.

MEDICATIONS

We take the distribution of medication seriously:

- Our Nurse will administer only those medicines prescribed by the examining physician in writing on the examination form.
- Non-prescription medication and vitamins must come in the original package with written permission from the parents to administer.
- All prescribed medications sent to the camp must be in the original container bearing the pharmacy label which shows the prescription number, date filled, physician's name, name of medication, directions for use and the camper's name.
- Requests for dosages, differing from the label or from the recommended dosage for a child's age/weight, will only be accommodated with written instruction from a physician.
- Medication must be given to the Nurse at check-in on opening day.
- Any medications (with the exception of inhalers and Epipens but including non-prescription medication) brought from home must be kept in the camp infirmaries by state law, and will be given as prescribed.

EPIPENS AND ASTHMA INHALERS

- Epipens and asthma inhalers may be kept in the possession of the camper, however a spare Epipen and asthma inhaler must be kept with the Nurse in the case of emergency. Please provide two inhalers and/or Epipens upon arrival at Winter Camp.
- Families assume all liabilities and risks associated with self-administration of these medications.
- Please make sure the camper understands the appropriate use of these medications and the need to report all use to the Nurse.

HEALTH RECORDS

Massachusetts Department of Public Health requires that all campers be immunized against diphtheria, tetanus, pertussis, poliomyelitis, measles, mumps and rubella. A Hepatitis B vaccination is required for all campers born on or after January 1, 1992.

Winter Camp recommends that parents talk with their family pediatrician in regard to having your child vaccinated with the meningococcal vaccine that protects against some strains of the meningococcal bacteria. Meningococcemia is a rare bacterial infection of the blood stream. This germ can sometimes cause meningitis (infection of the tissue that covers the brain and spinal cord) or sepsis (an infection of the blood). The bacteria are spread by close contact (involving the exchange of saliva) with an infected person or a person who is a carrier of the bacteria. A meningococcal vaccine has been recommended for participants in residential programs such as colleges and the military.

Winter Camp requires a complete pre-camp physical examination within one year of attending Winter Camp.



PREPARING FOR WINTER CAMP

It's exciting – getting ready to go away to camp. But sometimes first-time campers can get a little anxious, and that's ok. It's normal, and it's a healthy part of life to go through that anxiety. Here's some thoughts that might help.

WAYS TO HELP AVOID ANXIETY

- Read this planning guide together. Sometimes hearing about all the great options helps reassure the camper that Winter Camp is going to be a ton of fun.
- Pack for Winter Camp together. Help the camper think through what kind of items to bring, and talk about the wonderful options ahead. Resist the temptation to pack for them and have them help themselves.
- Remember that separation anxiety is often harder on the parents than it is on the camper themselves. Be aware that children can read (and sometimes misinterpret) your feelings, and this might contribute towards feelings of homesickness. Be tough; help them be tough.
- Help the camper build confidence and self-reliance by staying positive. Be honest and realistic, but stay positive.
- Don't offer to pick up the camper or call the camper during the week. This contributes to homesickness, even though you're only intending to help. Steer the conversation to talk about the great times they are going to have.
- Contact Winter Camp if the camper seems highly anxious. Sometimes talking to the Camp Director can help. Other times, it may not be right for the camper to attend. We don't want them to only do what's easiest, but we also don't want anyone to be forced to go away to camp. Call us; maybe we can help.



PACKING LIST

- Pack for a week, not a month!
- Label all items.
- Clothes get damp in the snow, pack changes of clothes.
- Synthetic or wool clothes keep you warmer. Cotton is bad when wet and cold.
- Don't bring a trunk. You do in summer, but not in winter. Use a suitcase or backpack!

Clothing

- T-shirts
- Long-sleeve shirts
- Sweatshirts
- Long underwear
- Long pants

- Pajamas
- Undergarments
- 12+ pairs of socks
- Tennis shoes
- Hiking or winter boots
- 2 pair of gloves/mittens
- Winter hat(s)
- Scarf
- Snow pants
- Winter coat

Bedding

- Sleeping bag or bed linens with several blankets
- A pillow with pillowcase

Equipment

- Flashlight/Battery operated Lantern
- Alarm Clock
- Watch

- 2 water bottles
- Laundry bag
- Daypack/backpack

Optional

- Crazy Creek/Camp Chair, Camera, Stationary, Pen/pencil, Stamps, Journal,
- Dress up clothes/Costumes, Binoculars
- Games, Pictures from home
- Talent show props, instruments and any supplies for skits

Toiletries

- Toothbrush
- Toothpaste
- Dental floss
- Mouthwash
- Soap with soap dish
- Shampoo & Conditioner

- Hairbrush/Comb
- Shower Caddy
- Towels
- Face Cloths
- Deodorant
- Feminine Hygiene Products (if necessary)

Do not bring

- Cash
- Cell Phones
- Electric Amplifiers
- Computers

- Electronic Games
- Squirt Guns
- Glass Containers
- CD Players/iPods

- Sleds
- Candy
- Jewelry
- Walkie-Talkies

RESTRICTED ITEMS

As part of our American Camp Association accreditation, we must inform you that no one (including campers, LITS and parents) may bring the following items to camp: pets, illicit drugs, alcohol, tobacco, firearms, ammunition, fireworks, weapons, and sports equipment. Campers and LITs are not allowed to drive vehicles to camp or leave cars parked on camp property. Travel in a non-passenger vehicle (i.e. the back of a pick-up truck) is prohibited.

TRAVEL DIRECTIONS

GPS Setting: 591 HAMILTON RD, BECKET MA

For directions from more locations, visit: bccymca.org/about-us/directions

PAPERWORK ACCESS

- All permission forms, confirmation packets and planning information can be found online in your camp account.
- Feel free to email us at any time at wintercamp@bccymca.org or call on 413 623 8991 ext 110.

